

# THE ART SCHOOL

801 WEST PALMETTO PARK ROAD  
BOCA RATON, FL 33486

## 3.16 3.17 3.18 Intermediate Painting with Miles Laventhall

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This class is open to any medium.  
The lists below depends in which  
medium you choose to work

### General Materials for all Media

Pencils, Notebook/sketchbook, White eraser, Palette knives

**Important:** Plastic cover for your table AND newspaper to cover the easel bar!

Realists, please work from 8 x 10" or larger images, or from an iPad

\*Copies of images will no longer be provided by the Art School office, please come prepared

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### Brushes for Oil or Acrylic

There are so many brush companies with different sizes for each...it is easier to recommend as follows: *Filbert* brush 1/2" - 1" wide, Round brushes: 1/8" - 1" wide, Flat brush 1/2" - 1" wide. *Robert Simmons*, *Titanium* series, and *Isabey Isacryl* are excellent brushes that work for acrylics AND oils brushes...1/8" - 1/2" wide pointed Round brushes, for details, 1" wide (or larger) brush for large canvases, as needed. Avoid bargain brush kits...will often not produce good results.

### Oil Essentials

Approved Brands: *Williamsburg* and *Old-Holland Classic Oilcolours* are at the top; *Winsor & Newton*, (not *Winton*), and *Rembrandt* are good paints.

**Colors:** Cadmium Red Med, Cadmium Orange, Quinacridone Rose or Rose Madder Deep, Transparent Yellow, Cadmium Yellow Medium, Winsor Blue (Phthalo Blue), Ultramarine Blue, Winsor Green (Phalo Green), Yellow Ochre, Raw Umber, Burnt Umber, Burnt Sienna, Black, Paynes Gray, Titanium White, this is a good selection to start with (add any colors you like)  
Paper plates or palette paper with a glossy surface or *Reynold's* freezer paper will do  
At least two stretched canvases or canvas boards 16" x 20" to start, or larger  
Paper towels, 2-3 small covered containers for mediums and cleaning brushes

**\*\*We are a solvent free class!** NO *Winsor & Newton* or other petroleum based mediums (all contain VOCs)! NO "odorless" solvent brush cleaners like regular Turpenoid or Oderless Mineral Spirits! They may be odorless but **they are toxic!**

Here are solvent-free alternatives, proven to be excellent oil paint mediums:

*Webber Liquiglaze* Natural non-toxic - excellent replacement for Liquin by *Winsor & Newton*

*Gamblin* Solvent-Free Gel / *Gamblin* Solvent-Free Fluid

Plain Safflower Oil or Sunflower Oil from the grocery store are good brush cleaners...always followed by warm water and Ivory or *Dawn* Dishwashing Liquid

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## Acrylic Essentials

Approved Brands: Heavy Body and/or Fluid Acrylics by *Golden* are excellent.

**Colors:** Hansa or Cadmium Yellow Medium, Naphthol Red Light, Cadmium Orange, Phthalo Blue GS, Ultramarine Blue, Phthalo Green BS, Chromium Green Oxide, Quinacridone Magenta, Paynes Gray, Carbon Black, Yellow Ochre, Burnt Umber, Burnt Sienna, Raw Umber, Titanium White, (add any colors as you wish)

Acrylic Glazing Medium Gloss

Paper plates or palette paper with a glossy surface or *Reynold's* freezer paper will do

At least two stretched canvases or canvas boards 16" x 20" to start, or larger

Paper towels, plastic containers for cleaning brushes

Mixing gels, Spray bottle

## Watercolor Essentials

*Winsor & Newton* Colors: Cadmium Yellow Light, Yellow Ochre, Cadmium Red Medium, Rose Matter Genuine, Winsor Blue, Ultramarine Blue, Burnt Umber, Burnt Sienna, Winsor Green, Ivory Black, Chinese White, any additional colors you like

Watercolor Masking liquid

Plastic Watercolor palette

2 or more sheets of watercolor paper 18" x 24" or larger if you wish (140lb-300lb *Arches* brand is excellent)

Support board large enough to tape your work to

Paper towels, small bucket, plastic containers for making washes and cleaning brushes

**Brushes:** 1" wide soft Flat brush or larger for washes, *Filberts* 1/4" & 1/2" wide, 1/8" - 1/2" synthetic pointed Rounds for details

## Pastel Essentials

Approved brands: *Rembrandt* is ok, *Sennelier* and *Schmincke* are better, *Unison* and *Terry Ludwig* are excellent pastels

2 or more sheets of sanded pastel paper 18x24" white, gray, and other colors

Painter's masking tape

Support board large enough to tape your work to

Conte pastel pencils

Blending stump

Soft cotton cloth

1/4-1/2" bristle flat brush to wipe out with

Utility knife and fine sandpaper for sharpening

Pastel artists **must use a wet cloth under their work board** to collect falling dust